

Health Service Logo

We need you to tell us about your medicines

To treat your condition safely and effectively, we need to know all the medicines you currently take and those that you have taken in the past.

WHAT YOU NEED TO TELL US

We need a **complete list of all the medicines you use regularly or as needed**. This includes the name and strength of the medicine as well how much and how often you use it.

We also need to know about any **recent changes to your medicines**. This includes any **new** medicines, as well as any medicines you recently **stopped** or any changes in how much or how often you use the medicine.

It is important that you tell us about any **problems with medicines** you have had in the past. This might be a **side effect** or **allergy**.

WHAT ARE MEDICINES?

- Medicines prescribed by a doctor or other health professional.
- Medicines from your pharmacist (over-the-counter).
- Other medicines available from pharmacies and supermarkets.
- Vitamins and nutritional supplements or natural or herbal remedies

Medicines may be

- Tablets, capsules or liquids
- Patches, creams and ointments
- Drops and sprays for eye, nose and ears
- Inhalers and puffers
- Injections, implants, pessaries or suppositories

HOW CAN YOU HELP?

- Please bring all your medicines with you every time you come to hospital.
- Carry an up-to-date medication list.
- If you don't have an up-to-date medication list (or all your medicines) with you, please ask someone at home to bring them in. Otherwise please use the form on the back of this sheet to write down **ALL** the medicines you use.
- Tell us about **ALL** the medicines you use, including non-prescription medicines.
- Alcohol, tobacco and other recreational drugs can also influence your condition and affect medicines. Please tell us about your use.

