

Be an active partner in your healthcare.

The hospital needs to know about your medicines



A doctor or pharmacist should go through all your medicines with you.

You need to tell them exactly how you use each medicine.



Medicines don't just come on prescription.

Medicines can be recommended by

- doctors, pharmacists, other health professionals
- homeopaths, naturopaths, herbalists.

Medicines can also be chosen by you from

- pharmacies
- health food shops.
- supermarkets.



Medicines come in many forms.

- Tablets, capsules, or liquids/mixtures
- patches, creams or ointments
- drops or sprays for eyes, nose or ears
- inhalers or puffers
- injections implants, pessaries or suppositories.

Bring all your medicines with you to hospital